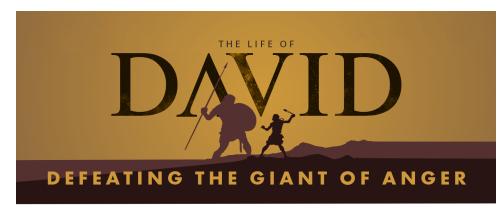


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Bayside



Saul took three thousand able young men from all Israel and set out to look for David and his men near the Crags of the Wild Goats.

1 SAMUEL 24:2

THE SPIRAL OF SAUL'S ANGER

No	ney have given David honor for ten thousands, but for me only thousands w what more can he have but to be king?' And Saul was jealous and did t trust David from that day on. 1 SAMUEL 18:8-9
_	Outbursts
	Saul had a spear in his hand and he hurled it, saying to himself, 'I'll pin vid to the wall.' But David eluded him twice. 1 SAMUEL 18:10b-11
E	vil
	ul's plan was to have David fall by the hands of the Philistines. AMUEL 18:25b

WHAT WAS DAVID'S RESPONSE?

David left Gath and escaped to the cave of Adullam. 1 SAMUEL 22:1

KEY QUESTION:

What should you do when someone

. ?

LESSONS FROM A CAVE OF ANGER

Scene One:	in the Cave
He came to the sheep pens along the way; a can himself. David and his men were far back in the ca spoke of when he said to you, 'I will give your energing you wish.'" Then David crept up unnoticed and cut of	ve. The men said, "This is the day the Lord my into your hands for you to deal with as
LESSON: We are all tempted stabbing opportunity is the to the "no back stabbing" rule	
SceneTwo:	in the Cave
Afterward, David was conscience-stricken for having men, "The Lord forbid that I should do such a thing my hand on him; for he is the anointed of the Lord his men and did not allow them to attack Saul. And 1 SAMUEL 24:5-7	g to my master, the Lord's anointed, or lay "With these words David sharply rebuked
LESSON: A soft-conscience is	s a

BIBLICAL STRATEGIES FOR HANDLING ANGER

In your anger do not sin: Do not let the sun go down while you are still angry, and do not give the devil a foothold.... Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. EPHESIANS 4:26-32

1/	Anger is but it	does not		
	– "In your anger do not sin."			
2	Anger is best			
3/	Anger	$_{ m }$ if not thoroughly addressed		
42	Anger can			
	– "Forgiving each other"			
Sce	eneTwo:	in the Cave		
Then David went out of the cave and called out to Saul, "My lord the king!" When Saul looked behind him, David bowed down and prostrated himself with his face to the ground. He said to Saul, "Why do you listen when men say, 'David is bent on harming you'? This day you have seen with your own eyes how the Lord delivered you into my hands in the cave. Some urged me to kill you, but I spared you; I said, 'I will not lay my hand on my lord, because he is the Lord's anointed.' See, my father, look at this piece of your robe in my hand! I cut off the corner of your robe but did not kill you. See that there is nothing in my hand to indicate that I am guilty of wrongdoing or rebellion. I have not wronged you, but you are hunting me down to take my life. May the Lord judge between you and me. And may the Lord avenge the wrongs you have done to me, but my hand will not touch you." 1 SAMUEL 24:8-12				
	ESSON: Outrage is			
IN 1	THE END			
	avid never got to live with S	aul – but he could		